ConditionCare

A personalized program to help you manage your health

If you have an ongoing condition that may put you at risk for future health issues, we can help. When you sign up for **ConditionCare**, a health and wellness program, we work with you to support your physical and mental health. Your health plan offers this program at no extra cost.

ConditionCare can help you or your covered family members manage conditions, such as:

- Coronary artery disease (CAD) and heart failure
- Diabetes
- Asthma and chronic obstructive pulmonary disease (COPD)



An extra layer of care at no extra cost

Your health is a priority. Call us today at **866-962-1071** to learn how the ConditionCare program can help you take care of your health. Sign-up is quick and easy.

"The ConditionCare nurses are very knowledgeable and very willing to listen and offer good advice. They follow up when they say they are going to. I really appreciate that. Awesome program."

- ConditionCare participant

Support for your unique needs

Our team of healthcare professionals work closely with you to create a care plan based on your specific condition. The program offers:

- Telephone access to healthcare professionals who can answer questions and work with you to optimize your health.
- Continued guidance from care managers, nurses, pharmacists, dietitians, and other healthcare professionals who work together to help you reach your health goals.
- Educational resources and tips to help you learn more about your condition

To find out more about the ConditionCare program, call us toll free at 866-962-1071.

Anthem

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